



Domingo e Segunda (20 e 21/04/2025)

Entradas frias e Quentes

"Cold Starters" and "Hot Starters"

- 10289 – Salada Julienne à moda do tênis (CG) R\$ 43,30
(folhas á julienne, cenoura ralada, cubos de tomate, fruta, nozes caramelizadas) 10220 R\$30,10
Julienne Salad, Tennis Restaurant style
(Chopped leafy greens, grated carrot, tomatoes cubes, fruit, caramelized nuts)
- 101123 - Carpaccio de Salmão marinado e mini salada verde (CG) R\$62,70
Marinated Salmon Carpaccio and mini green Salad 101124 – ½ R\$43,90
- 102001 – Creme de Palmito (CG) R\$ 36,80
Hearts of palm creamy soup

Pratos principais I (rotativos)

- 107138-Lumaconi recheado com espinafre e mussarela (CG)** 107184 R\$ 41,30 R\$ 53,30
(Molho branco)
Lumaconi Pasta- filled with spinach and mozzarella cheese, white sauce
- 105128 – Pescada Grelhada, molho de chablis (CG)** 10513 R\$70,80 R\$100,30
arroz do proprio molho, palmito grelhado
Grilled Hake fish, served with rice it's own, grilled hearts of palm and white wine sauce
- 118109–Camarão a moda do Tennis, spaghetti alho, oleo, rucula (CG)** 118131 R\$104,9 R\$149,90
Grilled Shirimps with garlic, Tennis Restaurant style with spaghetti and arugula
- 10548 – Supreme de Frango a milanesa com creme de milho (CG)** 10585 R\$ 48,20 R\$ 65,10
Breaded and Grilled chicken with corn creamy sauce
- 104112- Medaillons de Filet mignon, molho Gorgonzola** Risotto do proprio molho (CG) R\$ 93,90
Grilled Tender loin, with Gorgonzola cheese sauce and it's own Risotto 104137- R\$65,70

VEGAN

- 10828 – Risotto de Quinoa (NCG – NCLAC)** R\$ 59,10
(Abobrinha, aspargos, tomate e banana da terra) 108280 R\$ 41,90
Quinoa Risotto, zucchini, asparagus, tomato, and plantain

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Nota= Pode conter traços de glúten



Pratos principais II (fixos)

Main Dishes

107830 - Penne integral **Vegano/ Vegetariano** (CG - NCLAC)

(Tomate cereja, abobrinha ralada e rúcula)

Low carb Penne- Tomato, grated zucchini and arugula

107835 ½ - R\$37,00 R\$52,90

1079501-Tagliatelle a Roland Garros (CG)

(Molho Café de Paris (manteiga de ervas)

Tagliatelle with herbs butter (café de Paris)

1079502 ½ R\$36,90 R\$52,70

10799 – Rondeli de presunto e queijo gratinado (CG)

Gratinated ham and cheese Rondeli

107990 ½ R\$48,90 R\$69,00

106272 – Salmão a L'Ancienne (CG)

(Espinafre, cubos de batata e aroma cítrico)

Salmon old fashioned way, spinach, potato and citrics aromas

106273 ½ R\$62,90 R\$89,70

107327 – Spiedino di Gamberetti (CG)

(Espetinho de camarão miúdo à milanesa, arroz à grega e batata portuguesa)

Breaded and fried shrimps skiwers Milansese style, rice with vegetables, portuguese potato

107328 R\$52,50 R\$75,00

11226 - Hambúrguer **Vegano/Vegetariano** (NCG – NCLAC)

(Grão de bico, soja, cebola, cenoura, salsinha e champignons)

Veggie and vegetarian burger, made with soy bean, chickpea, onion, parsley and mushroom

R\$27,00

104166- Filet alla Veronese (CG)

milanesa, rúcula, caprese, farofa de presunto cru, molho mostarda Dijon

Breaded and fried Filet, arugula, caprese, toasted Cassava Flour with raw Ham and Dijon mustard sauce

104167 ½ R\$66,00 R\$94,30

10445- Bife de Chorizo grelhado (CG)

rúcula, anéis de cebola roxa, batata portuguesa, baguete e chimichurri

Grilled Sirloin steak with arugula, onions rings, portuguese potato and chimichurri sauce

R\$95,00

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Sobremesas/ Desserts

11578 – Torta de Brigadeiro (CG) Chocolate pie	R\$17,70
115623 - Pudim de Leite (CG) Custard- (milk pudding)	R\$14,80
11539 – Gelatina de Morango Diet (CG) Strawberry Gelatin (Diet)	R\$09,90
115131 – Éclair de chocolate Diet (CG)	R\$20,90
115985 – Sopa gelada de frutas vermelhas c/ sorvete de coco (CG) Cold red berries soup with coconut ice cream	R\$21,80

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